

ABMDR Virtual Walk of Life

FAQ

What's happening with the ABMDR Walk of Life this year?

While we will not be physically gathering this year, we are encouraging participants to register as virtual walkers! Feel free to walk your own way, whether that's in your own neighborhoods, on hiking trails, or treadmills - wherever is safe - anytime in the month of October. While the Walk of Life will look different this year, we are all together, wherever, supporting the life-saving mission of ABMDR.

Will there be any prizes or giveaways?

Yes! Each participant will automatically be entered in a raffle for a chance to win a gift. Additional raffle tickets will be awarded to participants who raise the most funds, have the most donors, etc. Look out for details on the Facebook event page!

Will there be any virtual broadcast or virtual events?

We are still working out details and are considering things like step counting, opening and closing ceremonies, and more! We will be in touch with all participants as details are confirmed.

What distances are walkers being expected to walk this year?

This year it is up to you! You can make the walk anything that works for you! As you begin to plan your walk, make sure to abide by your state and local regulations at the time of your Walk.

My company is interested in sponsorship opportunities, how can I have my company be involved?

Please contact us at walk@abmdr.am for more information.

How do you recommend we build community amongst each other?

We encourage you to organize small, socially distant training walks or host team FaceTime, Zoom or Google Hangouts.

How do I register for the Walk this year?

Registration can be accessed online at www.abmdr.am/walk.

How much will the registration fee be this year?

The registration will be \$20.